

Great Britain

Hot

Caught Cod with charred spring onions, creamed crab mash potato and a parsley sauce Pork belly with apple sauce, crispy crackling Shepard's pie with slow braised shoulder with country veg and gratin potatoes "Steak and chips" Triple cooked chips with rib eye steak served with a béarnaise sauce Plaice goujons with fries and homemade tartare sauce Cumberland Sausages with grain mustard mash redcurrant jus with crispy shallot rings Lamb & potato stew with baby rosemary dumplings

Cold

Keens cheddar, caramelised red onions, croutons, roasted cherry tomatoes celery and crispy leaf Meantime-cured sea bass, candy apple puree shaved fennel and walnut salad lemon vinaigrette

Baby spinach with English pea and broad bean with truffle burrata

Pickled beetroot with heritage tomatoes and crumbled goats cheese



France

Hot

Buttered new season asparagus, crispy duck egg, pancetta & hollandaise sauce Coq au vin slow braised chicken with crispy panchetta baby onions Balsamic chicken fricasée, baby roasted potatoes and trimmed fine green beans Bœuf bourguignon slow braised in Chateau Chadeuil jus with baby onions and mushrooms Confit Duck leg with morels ratatouille végetables and red wine jus Cromesqui of lamb shoulder, Niçoise dressing & courgette flower

Cold

Salade Niçoise seared tuna with green beans, grilled new potatoes, black olives and a poached quail egg Three bean salad with roasted tomatoes and black olives Lemon cured sea trout, crushed new potatoes, pickled samphire and caper beurre blanc

Endive and watercress salad with apples and herbs, tossed nut

Traditional french Lentil salad with caramelised goats cheese



<u>Spain</u>

Hot

Classic Paella with chicken, king prawns calamari with saffron rice Cod fillet fried in a light spicy batter, served with garlic mayonnaise & lemon wedges Traditional Spanish Meatballs with paella rice and vegetables Fried potatoes with a spicy chorizo tomato sauce Potato chorizo and kale stew with Fajita bowl with cauliflower rice

Cold

Spanish roasted Peppers with diced potatoes squash courgettes and aubergine

Iberian ham with Peppers and baby leaf pickles and caper berries

Ensaladilla Rusa olives, red peppers, green peas, orange carrots, brown potatoes, the whiteness of mayonnaise and the incorporation of tuna.

Berenjena con Vinagreta (Grilled Eggplant in Tomato Vinaigrette)

Ensalada de Naranja y Aguacate (Orange and Avocado Salad with a mustard vinaigrette)



Italy

Hot

Charred rib eye of beef with rocket pesto dressing and sun-dried tomatoes parmesan shavings Pea and ricotta Ravioli with artichokes broad bean and parmesan curls with salsa verde Truffle macaroni cheese with wild rocked and crispy onions Spinach risotto with pea puree, grilled asparagus garden peas and broad beans and parmesan crisp Pan fried sea bass in caper shallot seaweed butter Italian sausage and bean Stew with oregano potatoes Pesto gnocchi with squash amaretti and wild rocket Beef & herb meatballs with a Classic Italian tomato sauce with deep fried basil

Cold

Heritage tomatoes and mozzarella, basil pesto dressing and toasted seeds Panzanella of cherry tomatoes, peppers, cucumbers and toasted garlic croutons Roasted caponata of aubergine courgettes and fire roasted caramelised red onions, Peppers with baby spinach and goats cheese rocket pesto with penne pasta, Roasted vine tomatoes shaved aged parmesan & toasted pine-nuts Mini grilled classic chicken caesar salad

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Middle East

Hot

Lamb tagine with dried fruits, mint yoghurt & harissa cous cous Moroccan vegetable stew with minted couscous served Lamb shawarma aubergine puree with chickpea salad Spiced serguez sausages with sumac mash potato Harissa chicken meatballs with bulgar, lime and sumac yoghurt

Cold

Fire roasted peppers, courgette, aubergine Salad with harissa marinated feta and toasted pine nuts

Tabbouleh (Bulgur wheat, diced tomatoes, cucumbers, spring onions with lots of parsley and mint, then tossed with olive oil and squeezed lemon)

Shaved cucumber with chickpea mint , pomegranate seeds drizzled orange blossom honey dressing

Buddha bowl salad with picked cabbage and freekeh and spicy tahini dressing

Chicken Shawarma quinoa bowls with crisp flatbread and sumac yoghurt



<u>Asia</u>

Hot

Sri Lankan Lamb curry with coconut milk & sticky coriander rice Pad Thai either Beef or chicken with asian vegetables roasted peanuts Thai green curry with jasmin rice and soy glazed pak choi Teriyaki & pepper crusted duck breast on stir-fried choi sum with egg noodles Spiced Masala vegetables with coconut rice & coriander Lamb Jalfrezi, Pilau Rice and baby poppadoms Asian-spiced crab cake with mango, coriander, chilli and lime salsa Korean rump steak bulgogi bowls with steamed brown rice Chicken adobo with fried rice and fried okra

Cold

Sticky Asian beef noodle salad with cilantro, spring onion & sesame seeds Lobster and mango Salad - Rasa Malaysia Shredded Duck and watermelon salad with spring onions and roasted peanuts Egg noodle salad with mixed shoots spring greens soya glazed tofu Mango and prawn rice noodle salad Asian tuna tartare, seaweed salad with toasted sesame seeds

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